

WHAT IS CLAIMED IS:

1. A composition comprising:
 - c) a first component which is arabinogalactan; and
 - d) a second component which is selected from the group consisting of dairy protein, soy protein, and mixtures thereof;

wherein when the second component comprises dairy protein, the composition is substantially free of yogurt.

2. A composition according to Claim 1 which is a beverage composition having a pH from about 2 to about 9.
3. A composition according to Claim 2 having a pH from about 2 to about 5. A
4. A composition according to Claim 3 comprising from about 0.001% to about 15% of the arabinogalactan, by weight of the composition. B
5. A composition according to Claim 4 comprising a juice selected from the group consisting of fruit juice, vegetable juice, and mixtures thereof. C
6. A composition according to Claim 5 wherein the juice is fruit juice and wherein the composition comprises at least about 1% fruit juice, by weight of the composition. D
7. A composition according to Claim 6 wherein the second component comprises dairy protein. E
8. A composition according to Claim 7 further comprising a nutrient selected from the group consisting of vitamins, minerals, and mixtures thereof. F
9. A composition according to Claim 8 which comprises from about 0.1% to about 4% of the arabinogalactan, by weight of the composition. G
10. A composition according to Claim 9 wherein the dairy protein is selected from the group consisting of cream, cream solids, whey, whey solids, milk, milk solids, and mixtures thereof. H
11. A composition according to Claim 10 having a pH from about 2.5 to about 4.

12. A composition according to Claim 11 comprising from about 5% fruit juice to about 60% fruit juice, by weight of the composition.
13. A composition according to Claim 12 comprising one or more nutrients selected from the group consisting of vitamin A, vitamin C, vitamin D, vitamin E, B-complex vitamins, zinc, iron, magnesium, calcium, selenium, iodine, fluorine, and mixtures thereof.
14. A composition according to Claim 13 comprising one or more nutrients selected from the group consisting of vitamin A, vitamin C, vitamin D, vitamin E, B-complex vitamins, zinc, iron, magnesium, calcium, and mixtures thereof.
15. A composition according to Claim 14 comprising two or more nutrients selected from the group consisting of vitamin C, vitamin D, vitamin E, B-complex vitamins, magnesium, calcium, and mixtures thereof.
16. A composition according to Claim 2 which further comprises an oil.
17. A composition according to Claim 16 wherein the oil is a fatty acid selected from the group consisting of fatty acids, esters thereof, and mixtures thereof.
18. A composition according to Claim 17 wherein the fatty acid contains from 0 to about 6 double bonds and contains a fatty acid chain length of from about 9 to about 25 carbon atoms.
19. A composition according to Claim 18 wherein the fatty acid is selected from the group consisting of lauric acid, lauroleic acid, myristic acid, myristoleic acid, pentadecanoic acid, palmitic acid, palmitoleic acid, margaric acid, stearic acid, dihydroxystearic acid, oleic acid, ricinoleic acid, elaidic acid, linoleic acid, alpha-linolenic acid, dihomogamma-linolenic acid, eleostearic acid, licanic acid, arachidonic acid, arachidic acid, eicosenoic acid, eicosapentaenoic acid, behenic acid, erucic acid, docosahexaenoic acid, lignoceric acid, esters thereof, and mixtures thereof.
20. A composition according to Claim 17 wherein the fatty acid is selected from the group consisting of omega-3-fatty acids, esters thereof, and mixtures thereof.

21. A composition according to Claim 3 wherein the second component comprises soy protein.
22. A composition according to Claim 21 further comprising a nutrient selected from the group consisting of vitamins, minerals, and mixtures thereof.
23. A composition according to Claim 22 which is substantially free of yogurt.
24. A composition according to Claim 23 which comprises from about 0.1% to about 4% of the arabinogalactan, by weight of the composition.
25. A composition according to Claim 24 having a pH from about 2.5 to about 4.
26. A composition according to Claim 25 comprising one or more nutrients selected from the group consisting of vitamin A, vitamin C, vitamin D, vitamin E, B-complex vitamins, zinc, iron, magnesium, calcium, and mixtures thereof.
27. A composition according to Claim 26 having a pH from about 5 to about 8.
28. A composition according to Claim 27 having a pH from about 5 to about 7.
29. A composition according to Claim 28 comprising from about 0.001% to about 15% of the arabinogalactan, by weight of the composition.
30. A composition according to Claim 29 wherein the second component comprises dairy protein.
31. A composition according to Claim 30 further comprising a nutrient selected from the group consisting of vitamins, minerals, and mixtures thereof.
32. A composition according to Claim 31 which comprises from about 0.1% to about 4% of the arabinogalactan, by weight of the composition.
33. A composition according to Claim 32 wherein the dairy protein is selected from the group consisting of cream, cream solids, whey, whey solids, milk, milk solids, and mixtures thereof.

34. A composition according to Claim 33 comprising one or more nutrients selected from the group consisting of vitamin A, vitamin C, vitamin D, vitamin E, B-complex vitamins, zinc, iron, magnesium, calcium, selenium, iodine, fluorine, and mixtures thereof.
35. A composition according to Claim 34 comprising one or more nutrients selected from the group consisting of vitamin A, vitamin C, vitamin D, vitamin E, B-complex vitamins, zinc, iron, magnesium, calcium, and mixtures thereof.
36. A composition according to Claim 35 comprising at least about 1% fruit juice, by weight of the composition.
37. A composition according to Claim 36 comprising two or more nutrients selected from the group consisting of vitamin C, vitamin D, vitamin E, B-complex vitamins, magnesium, calcium, and mixtures thereof.
38. A composition according to Claim 29 wherein the second component comprises soy protein.
39. A composition according to Claim 38 further comprising a nutrient selected from the group consisting of vitamins, minerals, and mixtures thereof.
40. A composition according to Claim 39 which is substantially free of yogurt.
41. A composition according to Claim 40 which comprises from about 0.1% to about 4% of the arabinogalactan, by weight of the composition.
42. A composition according to Claim 41 comprising one or more nutrients selected from the group consisting of vitamin A, vitamin C, vitamin D, vitamin E, B-complex vitamins, zinc, iron, magnesium, calcium, and mixtures thereof.